

Exotic Cultural Holiday in Morocco

Singing Holiday with Teresa Verney

14th-21st October 2017

- Escape the British weather to enjoy sun, the exceptional menu of local healthy food, an exotic culture and environment at an award-winning, comfortable, sustainably-run traditional guest house. More information at: www.holidays-with-heart.co.uk
- Teresa is an experienced 'Singing Holiday maker' and is delighted to be bringing her enthusiasm and skills to Morocco. The week will be one of fun and relaxation intertwined with learning a variety of beautiful songs, extending what you can do with your voice, making friendships and loosening the stresses of everyday life.
- Based in Taroudant, an ancient walled market town little visited by tourists and with shopper-friendly souks to which you may be introduced by one of our staff. Enjoying the best winter climate in Morocco due to its southerly setting in the fertile Souss Valley, the source of an abundance of fruit and vegetables, it lies between contrasting mountain landscapes: the majestic High Atlas and the extraordinary Anti-Atlas (bordering the Sahara). Only an hour's drive from the sandy, rocky and marshy habitats of the Atlantic coast
- Support of 8 charming English-speaking Moroccan staff experienced in running successful group holidays
- A wide choice of other authentic activities including option to support charitable projects
- Substantial pre-visit information and support from owner with 20 years' experience of Morocco
- A chance to buy some beautiful handcrafted items, food and other delights in the souks
- Explore the fascinating culture with the help of delightful guides; option to trek or laze in the sun
- Feel safe thanks to the care of the staff, good medical facilities (no compulsory vaccinations), safe water as well as the town being small, relaxed and friendly with few tourists. Good WiFi and mobile network. Short, inexpensive flight; 50 minute road transfer with our own safe drivers. Compared with Europe, better value for money

"If only there were more places like this: a medina house run by locals offering a rare glimpse into Moroccan life. They offer skilled guides, exciting cultural experiences and delicious Moroccan meals." Lonely Planet



Cost: Ryanair flights from London Stansted to Agadir (or possibly from other airports; please enquire) plus **£530** for: accommodation for 7 nights in twin/double rooms (singles may be possible for a £120 supplement), substantial breakfasts; vegetarian evening meals (option of meat or fish for small supplement. Special diets catered for), 2 excursions, 2 cultural experiences (chosen from several), workshops, "A Feast for the Senses" celebration, approximately 3 hours singing daily and transfers to and from Agadir airport. **Optional activities** include trekking, wildlife, crafts, cookery, massage and several other choices. A small number of **places for those not participating in the workshops at £410** will be available.

"I just want to tell you that the holiday was completely magical and LOVED EVERY MINUTE.! The staff were just amazing with nothing too much trouble and such fun." M. Collins Feb 2015



Booking & more information Please contact Jane if you'd like to know more about Morocco or to secure your place. **Email** always the best method of contact: jane@holidays-with-heart.co.uk or Tel **07787 148142**. Places on our holidays often go quickly and flight prices are much lower if booked well in advance. Please send **3 cheques dated as follows for: £100 (booking date); £215 (£275 if paying Single Supplement) (05/08/17) and £215 (£275 if paying Single Supplement) (02/09/17)** payable to Jane Bayley together with your phone number & email address to Jane Bayley, Estuary View House, Cwmins, St Dogmaels, Wales, SA43 3HF. **We will confirm when flights may be booked.** If you'd like to find out more about Teresa and her work see www.teresaverney.weebly.com or email her at teresaverney1@gmail.com

Voted Top 10 in the World: Lonely Planet Eco Stays 2014, Vege News Vegetarian Holidays 2005 Responsible Tourism Trophy for Community Project Work 2009. Green Key Certified 2012-now