

Cultural and Circle Dance Holiday in Morocco

20th -27th February 2018

Cindy Kelly and Adrian Pointon



Do come and join us to enjoy circle dance, sun, exceptional local healthy food, an exotic culture and environment at an award-winning, comfortable, sustainably-run traditional guest house. www.holidays-with-heart.co.uk



Based in Taroudant, an ancient walled market town, La Maison Anglaise has 9 rooms and is supported by 8 English speaking Moroccan staff, experienced in running successful group holidays. The programme will include at least 10 hours of Circle Dance over the week, typically in the evenings, leaving the days free for exploring the fascinating culture with the help of guides, optional activities, lazing in the sun, shopping at the local souks or learning about charitable work in the community.

Cindy and Adrian offer a wide range of traditional dances from many cultures and modern choreographies, including their own Celtic choreographies. Renowned for their enthusiasm and energy, they bring a sense of joy to the dance. Teaching internationally, they combine clear teaching styles with a sense of humour and have the ability to create a more reflective atmosphere in which they enable groups to explore the spiritual aspects of the dance. Cindy has been teaching Sacred Dance/Circle Dance since 1993 and Adrian has been teaching Circle Dance and Israeli Folk Dance since 1995.



Cost: Inexpensive flights (often under £100 return) with Easyjet from London Gatwick to Agadir (just 50 mins drive) or possibly from Manchester plus **£535** for: accommodation for 7 nights in twin/double rooms (singles may be possible for a £120 supplement), substantial breakfasts; vegetarian evening meals (option of meat or fish for small supplement, special diets catered for), 2 excursions, 2 cultural experiences (chosen from several), circle dancing, "A Feast for the Senses" celebration and transfers to and from Agadir airport. Some non-dancing partner places are available at **£415**. You need to take out your own travel insurance.

"My recent stay at La Maison Anglaise was without doubt the most interesting and unusual holiday I have experienced. The food was excellent - healthy, delicious and plentiful - and the staff were, without exception, efficient, friendly and extremely helpful and informative. All the excursions were very well organised and a real eye-opener into the lives of the local people." Circle Dancer, January 2017

Optional extras include live music and dancing with a local band, trekking, wildlife, crafts, cookery, argan oil massage and several other choices. Prices may be found here: www.cecuc.co.uk/price-list-2016-2017/

Further information: if you'd like to know more about Morocco jane@holidays-with-heart.co.uk or phone **01239 615499**. Places on our holidays often go quickly and flight prices are much lower if booked well in advance. Jane will confirm your place and will also confirm when flights can be booked. For more dancing information contact cindy@myrriadd.com or adrian@myrriadd.com or 01925 733603.

To Book please fill in your details and requests at www.cecuc.co.uk/bookings