

Playful Family Holiday in Morocco

with activities led by Carol Shephard and Phill Burton 11 -18 April 2017

The Venue Escape the British weather to enjoy sun, the **exceptional menu** of local healthy food, an exotic culture and environment at an award-winning, comfortable, sustainably-run traditional guest house in Taroudant, an ancient walled market town little visited by tourists and with shopper-friendly souks. www.holidays-with-heart.co.uk

Enjoying **the lovely spring climate in Morocco** due to its southerly setting in the fertile Souss Valley, the source of an abundance of fruit and vegetables, it lies between contrasting mountain landscapes: the majestic High Atlas and the extraordinary Anti-Atlas which border onto the Sahara.

The People Support of 8 charming English-speaking Moroccan staff experienced in running successful family holidays. The play activity leaders, Carol Shephard and Phill Burton, have a wide range of skills and experience to share with you and add an exciting and unique dimension to your family holiday. Lots of choice with sessions running parallel in different spaces.

The Activities Both Carol and Phill are experienced playworkers who love to share cooperative games as well as circus skills and stories. Carol is a qualified yoga teacher who has run classes for adults, children and families and teaches mindfulness in schools. She will offer simple, accessible yoga to start your day and a short guided relaxation in the evening. Phill is also a puppeteer, visual artist and storyteller. He will offer an alternative creative session before breakfast and together they will lead a range of sessions during the week to complement your holiday in Morocco. These sessions will be adapted to fit the ages and interests of the group including visiting local projects (eg orphanage) to share the common language of circus and play. There will be a trip to the beach at Agadir, a "Feast for the Senses" and Carol and Phill's sessions of at least 3 hours per day. A wide variety of cultural experiences and excursions will be available at extra cost including day trips in the High Atlas & Anti Atlas mountains, wildlife, traditional craft activities, cookery, a ride in a horse-drawn taxi, donkey and camel rides, massage, a visit to the local steam bath, breadmaking and several other choices.

www.holidays-with-heart.co.uk/activities



"If only there were more places like this: a medina house run by locals offering a rare glimpse into Moroccan life. They offer skilled guides, exciting cultural experiences and delicious Moroccan meals." Lonely Planet

Substantial pre-visit information and support from owner with 20 years' experience of Morocco

A chance to buy some beautiful handcrafted items, food and other delights in the souks

Explore the fascinating culture with the help of delightful guides; option to laze in the sun and the Olympic swimming pool

Feel safe thanks to the care of the staff, good medical facilities (no compulsory vaccinations), safe water as well as the town being small, relaxed and friendly with few tourists and Morocco's record for safety. Good WiFi and mobile network.

Short, inexpensive flight. Compared with Europe, better value for money

Cost: Easyjet flights cost about **£180 return** from Gatwick to Agadir, plus **£430** for accommodation for **7 nights** in an apartment or interconnecting family rooms, substantial breakfasts; vegetarian evening meals (option of meat or fish for small supplement. Special diets catered for), airport transfers on arrival and departure plus described activities above.



Booking & more information To book please fill in the form at www.cecu.co.uk/bookings Please contact jane@holidays-with-heart.co.uk (email always the best method of contact – we can arrange to talk) to ask about Morocco. Places on our holidays often go quickly and flight prices are much lower if booked well in advance. Queries about activities to Carol and Phill at yogacarol@hotmail.co.uk More on next page.....

Holidays With Heart

**Voted Top 10 in the World: Lonely Planet Eco Stays 2014, Vege News Vegetarian Holidays 2005
Responsible Tourism Trophy for Community Project Work 2009. Green Key Certified 2012- present**

Playful Family Holiday in Morocco with activities led by Carol Shephard and Phill Burton 11 -18 April 2017

A Couple of Testimonials

"We have just about come back down to earth after our trip to Taroudant, unpacked and washed and sorted and reminisced.

I can honestly say our week in Morocco surpassed, by a long way, our every expectation and my expectations were high.

Your team over there are extraordinary - we were so well looked after by Dounia, Nourdine and little Latifa , Big Latifa and Big Said towards. I cannot thank them enough for the welcome we had and the way they treated me but especially my daughters. Please do let them know how much we appreciated their work and I would love to know if Dounia has the daughter she craves

We loved Taroudant and threw ourselves into shoe making, stone carving and jewellery making as well as learning to cook a mean tagine and experiencing the Hammam (mmmm, still a bit sore ...) – the excursions to the Oasis and the Berber villages were fascinating and informative and the food Oh my, we loved the food.

I was a little apprehensive before we went but we all felt very at home in Taroudant, we were made welcome everywhere we went and the craftsmen we met were fantastic with the girls who were beaming with delight at their handiwork. The Souks were really interesting and intoxicating places to stroll around and there were bargains to be had – I bought a number of rugs back

So, in short, we had a fantastic time, I cannot tell you how happy I am and we will be returning to Morocco, insha'Allah, many more times. The Talbot family

I cannot thank you all enough for making our holiday so wonderful. You gave us so many different experiences all of which will stay with us for a very long time. The holiday was extra special because of meeting everyone at the guest house and the time you all gave us to make sure that our first visit to Morocco was so memorable. People often go on holiday and never move away from their hotel and never meet the people. We want to meet people and talk to them, see where they live, try out new foods and crafts and look at their traditions. All of which we have been able to do mainly due to you expertly organising them for us. Please also pass on our thanks to Said and Dounia for all their knowledge and expert guiding and to Nourdine, Latifa, little Said for the help in bartering, repairing my hat, cooking and massage and driving.

I have not had a holiday, I have been on a wonderful journey to a beautiful country and met people I now consider new friends. You asked what was the most memorable part of the week. It is a very difficult question to answer as it was all so good but probably the visit with Dounia to the Berber villages and the Afensou trip stand out plus the cookery lesson, Chris's sandal making, the massage and hammam and all the rest! The Jakemans

Holidays With Heart

**Voted Top 10 in the World: Lonely Planet Eco Stays 2014, Vege News Vegetarian Holidays 2005
Responsible Tourism Trophy for Community Project Work 2009. Green Key Certified 2012- present**

Playful Family Holiday in Morocco
with activities led by Carol Shephard and Phill Burton 11 -18 April 2017

Holidays With Heart

Voted Top 10 in the World: Lonely Planet Eco Stays 2014, Vege News Vegetarian Holidays 2005
Responsible Tourism Trophy for Community Project Work 2009. Green Key Certified 2012- present