

La Maison Anglaise – Exotic Cultural Holidays in Morocco

Arabic Dance Holiday with Jane Wass

17th to 24th April 2018

- Escape the British weather to enjoy some real sunshine, an exceptional menu of local healthy food, and an exotic culture and environment at La Maison Anglaise - an award-winning, comfortable, sustainably-run traditional guest house. More information at: www.holidays-with-heart.co.uk
- Jane has been a professional teacher and performer of Raqs Sharqi (Arabic dance) for 15 years. Based on her love of Egyptian folk culture, Turkish music, flamenco and Latin dances, her aim is to enable everyone to enjoy and explore dance and music. You can expect to build confidence in your body's movement as well as finding your own dance to music from other cultures. During this week, you'll also be introduced to some basic Moroccan rhythms. All levels of ability are very welcome and you need no former dance training or special clothing.
- Based in Taroudant, an ancient walled market town little visited by tourists. Enjoying the best winter climate in Morocco due to its southerly setting in the fertile Souss Valley, it sits between contrasting mountain landscapes: the majestic High Atlas and the extraordinary Anti-Atlas bordering the Sahara and just an hour from the Atlantic coast.

"I have to tell you that this was one of the most magical, delightful, dance-ful and mind-blowing holidays I have ever spent! There are simply not enough superlatives to do the whole holiday justice. Your staff were – as ever – incredibly kind, helpful, cooked the best of wonderful dishes 'This is not a hotel -it's a home.'" Gilly Neill Nov. 2016

- Support of 8 charming English-speaking Moroccan staff experienced in running successful group holidays
- A wide choice of other authentic activities including option to support charitable projects
- Substantial pre-visit information and support from owner with 20 years' experience of Morocco
- A chance to buy some beautiful handcrafted items, food and other delights in the souks.
- Feel safe thanks to the expert care of the staff, good medical facilities (no compulsory vaccinations), safe water and excellent pre-departure advice and information. The town itself is small, relaxed and friendly with few tourists. Good WiFi and mobile network – should you wish to use it!



Cost includes: £535 for: airport transfers to and from the agreed flight to Agadir, accommodation for 7 nights in twin/double rooms (singles may be possible for a £120 supplement), substantial breakfasts; vegetarian evening meals (meat or fish available for a small supplement, 2 cultural experiences (chosen from several), 2 specific excursions, twice daily dance classes, and "A Feast for the Senses" celebration.

Cost excludes: Inexpensive direct flights (**from £70 return** if booked early) from London to Agadir, which is only 50 minutes' drive from us so preferable to Marrakech (3.5 hours away); travel insurance (must include cancellation cover); trek and extra meals or activities and tips (which are important in Moroccan culture). **Optional extra activities** include live music and dancing with local Berber Women's band, wildlife, crafts, cookery, massage & hammam therapy and a trek; prices are shown here www.cecuc.co.uk/price-list-2016-2017/

How to Book Early booking ensures cheaper fares and that you get a place. Go to www.cecuc.co.uk/bookings We will then confirm availability of room(s) and supply you with the payment schedule which is split into 3 parts to make it easier to budget. Any enquiries about Morocco: www.cecuc.co.uk/contact **We will email you to confirm that it's time to book your flight.**

Further Information If you'd like to find out more about Jane and her work go to www.janewass.com or email her at mazazik_uk@hotmail.com For more about Morocco go to www.cecuc.co.uk/contact/



Holidays with Heart

Voted Top 10 in the World: Lonely Planet Eco Stays 2014, Vege News Vegetarian Holidays 2005
Responsible Tourism Trophy for Community Project Work 2009. Green Key Certified 2012–now