

# Moroccan Basket-Making & Cultural Holiday

La Maison Anglaise, Taroudant

15 – 22<sup>rd</sup> January 2019



**Included in the cost:** B&B and veggie evening meals (£1.30 supplement for meat), Feast for the Senses; excursions and cultural experiences listed in the itinerary, guides and translation are included in the week's fee of **£455** in a twin room or **£575** in a single room plus about £70 return for flights from Gatwick. £100 deposit required – first come, first served! **Extras: are shown with yellow highlighting below.** Non-basket making partners are welcome. Lunches are about £4; argan oil massages (about £16), tips, and any additional activities you choose e.g. visit to hammam, cookery, henna tattoos. [www.cecuc.co.uk/price-list-2016-2017/](http://www.cecuc.co.uk/price-list-2016-2017/) **Additional activities** may be added, but those listed below prove to be the most popular. **Times** suggested: cookery lessons (on an agreed day at 4pm); massage (10 am or after 4.30 pm). More info: [www.cecuc.co.uk](http://www.cecuc.co.uk) Book at [www.cecuc.co.uk/bookings/](http://www.cecuc.co.uk/bookings/)

## SAMPLE ITINERARY

**Day 1:** Flights arrive about mid morning in Agadir. Lunch will be provided on arrival at the guest house at a cost of 50 Dirhams per person (about £4) - unless you are arriving late for some reason.

**Theme: Introductions:** Arrival & introduction. The group, the house, the staff and the setting. Supply passport information. **Option: sunset horse-drawn taxi ride around the town walls, to the souk etc**

**Day 2: Introduction to Motifs used in Textiles and Baskets.** **Option: soup and salad lunch at house.** Afternoon: Visit **basket-making shop** outside the walls where they work with a variety of local esparto grass, bamboo and dwarf palm.



**Day 3: Theme: Basket Making in the Anti-Atlas Mountains.** Visit to Aoulouz cooperative. **Workshop:** here dwarf palm fronds are used to make hats, simple baskets to collect argan nuts, olives and vegetables, brushes and donkey baskets.

**Day 4: Visit to souk with Nordine to see types of baskets sold and for shopping.** Afternoon: **Option: the Claudio Bravo Museum, gardens and palace** **Option: swim at new 50m-long Olympic swimming pool.** **Option: 3.00 pm hammam.** **Option of henna hair treatment at the hammam.**

**Day 5: Theme: Fridays in Morocco** with Latifa. **Option: Village Life in the High Atlas Foothills** **9.30am prompt – 4pm** Berber villages with Dounia. **Option: lunch at her cousin's home.** **Take money if you might like to buy soap from the project we helped to set up.** **Option: the Claudio Bravo Museum, gardens and palace** **Option: swim at new 50m-long Olympic swimming pool.**

**Day 6: Theme: Community Projects:** excursion to Souss Valley & Anti Atlas oasis. **9.30am prompt – 4.30pm:** Busy Bee Centre, Argan oil cooperative, and a basketmaker with Said. **Option: lunch at Youssef's family home.** Take money if you might like to buy argan oil, honey, beeswax candles or lip balm from the projects.



**Day 7: Theme: Option Shopping & Storytelling: visit to souks and/or visit to Sunday market.** Possibility of further visit to workshop outside town. Packing. **Feast for the Senses** after supper. Pay bills before supper.

**Day 8: Farewells:** Please pack cases and leave by your bedroom door by 8.00 am when we'll serve breakfast; be ready for departure at 8.50am to catch 11.50am flight from Agadir (arrive at airport at least 2 hours before scheduled departure time)