

Exotic Cultural Holiday in Morocco

with Circle Dance led by Anne-Lise Kryger

5-12th February 2019

- Escape the British weather to enjoy sun, the exceptional menu of local healthy food, an exotic culture and environment at an award-winning, comfortable, sustainably-run traditional guest house. www.cecuc.co.uk
- We are delighted that Anne-Lise is coming to teach circle dance— her passion for bringing people together in circle dance to enjoy music, movement and togetherness has been her journey since the early 1990s. Her approach is caring and inclusive with an eclectic mix of traditional and modern dances on the menu.
- Based in Taroudant, an ancient walled market town little visited by tourists and with shopper-friendly souks to which you may be introduced by one of our staff. Enjoying the best winter climate in Morocco due to its southerly setting in the fertile Souss Valley, the source of an abundance of fruit and vegetables, it lies between contrasting mountain landscapes: the majestic High Atlas and the extraordinary Anti-Atlas (bordering the Sahara). Only an hour's drive from the sandy, rocky and marshy habitats of the Atlantic coast
- Support of 8 charming English-speaking Moroccan staff experienced in running successful group holidays
- A wide choice of other authentic activities including option to support charitable projects
- Substantial pre-visit information and support from owner with 20 years' experience of Morocco
- A chance to buy some beautiful handcrafted items, food and other delights in the souks
- Explore the fascinating culture with the help of delightful guides; option to trek or laze in the sun
- Feel safe thanks to the care of the staff, good medical facilities (no compulsory vaccinations), safe water as well as the town being small, relaxed and friendly with few tourists. Good WiFi and mobile network. Short, inexpensive flight; 50 minute road transfer with our own safe drivers. Compared with Europe, better value for money

"If only there were more places like this: a medina house run by locals offering a rare glimpse into Moroccan life. They offer skilled guides, exciting cultural experiences and delicious Moroccan meals." Lonely Planet



Cost: Easyjet flights from London Gatwick to Agadir @ about £80 return if booked early. Please ask if you'd like to fly from Manchester. Plus **£530** for: accommodation for 7 nights in twin/double rooms (singles may be possible for a £120 supplement), substantial breakfasts; vegetarian evening meals (option of meat or fish for small supplement. Special diets catered for) 2 cultural experiences (chosen from several), 2 named excursions, workshops, "A Feast for the Senses" celebration, approximately 2 hours circle dance daily and transfers to and from Agadir airport. **Optional extra activities** include live music and dancing with local band, trekking, wildlife, crafts, cookery, massage and several other choices. **Please ensure you have travel insurance to protect against cancellation.** A small number of **places for those not participating in the dancing available @ £415.**

Booking & more information Please contact Jane if you'd like to know more about Morocco or to secure your place. **Email** always the best method of contact: jane@holidays-with-heart.co.uk or 01239 6125499. Places on our holidays often go quickly (we may have only 8 places left as I write this brochure!) and flight prices are much lower if booked well in advance. Please fill in the booking form at www.cecuc.co.uk/bookings **We will confirm when flights may be booked.** If you'd like to know more about the **workshops** contact Anne-Lise on annelise.kryger@tesco.net



"I just want to tell you that the holiday was completely magical and LOVED EVERY MINUTE.! The staff were just amazing with nothing too much trouble and such fun." M Collins 2/15

Holidays With Heart

**Voted Top 10 in the World: Lonely Planet Eco Stays 2014, Vege News Vegetarian Holidays 2005
Responsible Tourism Trophy for Community Project Work 2009. Green Key Certified 2012- present**