

Cordelia Prescott



La Maison Anglaise
Holidays with Heart

Jilani Cordelia Prescott is a highly accomplished leader of Sufi practices and Dances of Universal Peace (mantra dance). She is a classically trained musician with wide experience of creating depth and safety in groups. She has been co-leading groups for several years, which have been much appreciated for the nourishment, expansiveness and insights they bring. She has a deep love for the people and lands of North Africa.

She says: - "I'm a mother, musician, mystic; leader and mentor of the Dances of Universal Peace; guide and companion on the path of Universal Sufism or spiritual freedom. I have found such personal peace, joy and healing on this path of spiritual liberty through music, mantra and movement and now sharing these practices with others brings me great joy and fulfilment. My visions and hopes are to help as many people as I can to find happiness and peace through being more fully, truly and joyfully themselves. Moreover, along the way to share joy, peace and love through Eating, Dancing and Praying together (in the words of Murshid SAM, the Sufi Master who birthed the Dances of Universal Peace in San Francisco back in 1968, around the time of my own birth!)."



**Dances of
Universal Peace UK**
**Jilani Cordelia Prescott - Mentor
Dance Leader and Musician**

Holidays with Heart at our award-winning, sustainably-run traditional Moroccan Guest House in Taroudant www.Holidays-With-Heart.co.uk

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