

Join us for a Exotic Cultural Holiday in Morocco

with Singing led by Jane Silver-Corren & Circle Dancing led by Vicki Shaw

21st – 28th January 2020

Escape the British weather to enjoy sun, the exceptional menu of local healthy food, an exotic culture and environment at our award-winning, comfortable, sustainably-run traditional guest house www.cecuc.co.uk

We are delighted to welcome **Jane Silver-Corren**, a Singing Teacher from Bridport in Dorset and **Vicki Shaw**, a Circle Dance Teacher & Choreographer from Mirfield in West Yorkshire to our guest house:



Jane runs a number of singing groups to help people improve their well-being through song. She teaches fun, accessible songs. She also enjoys sharing Peace Dances which are simple circle dances from spiritual traditions danced to easy songs and chants.



Vicki runs a number of circle dancing groups and Days of Dance. She is passionate about teaching accessible traditional and modern circle dance for everyone to enjoy. Vicki uses circle dancing as a way of bringing people of all ages, abilities and backgrounds together. She also enjoys story telling as part of the dance experience.

Together Jane & Vicki co-run Days of Circle Dancing & Singing at various venues in the UK.

Holidays With Heart are based in Taroudant, an ancient walled market town little visited by tourists and with shopper-friendly souks to which you may be introduced by one of our staff. Enjoying the best winter climate in Morocco due to its southerly setting in the fertile Souss Valley, the source of an abundance of fruit and vegetables, it lies between contrasting mountain landscapes: the majestic High Atlas and the extraordinary Anti-Atlas (bordering the Sahara). Taroudant is only an hour's drive from the sandy, rocky and marshy habitats of the Atlantic coast.

Holidays With Heart provide you with the following:

- Support of 8 charming English-speaking Moroccan staff experienced in running successful group holidays,
- A wide choice of other authentic activities including the option to support charitable projects,
- Substantial pre-visit information and support from owner with 20 years' experience of Morocco,
- A chance to buy some beautiful handcrafted items, food and other delights in the souks,
- The opportunity to explore the fascinating culture with the help of delightful guides including an option to go on a guided trek in the Atlas mountain,
- Relax and laze in the sun in the comfort of our guest house,
- Feel safe thanks to the care of the staff, good medical facilities (no compulsory vaccinations), safe water as well as the town being small, relaxed and friendly with few tourists,

"I just want to tell you that the holiday was completely magical and LOVED EVERY MINUTE.! The staff were just amazing with nothing too much trouble and such fun." M Collins 2/15

Holidays With Heart

**Voted Top 10 in the World: Lonely Planet Eco Stays 2014, Vege News Vegetarian Holidays 2005
Responsible Tourism Trophy for Community Project Work 2009. Green Key Certified 2012- present**

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- Short, inexpensive flight to Agadir (if booked well in advance); 50 minute road transfer with our own safe drivers,
- Good WiFi and mobile network,
- Compared with Europe, better value for money.

“If only there were more places like this: a medina house run by locals offering a rare glimpse into Moroccan life. They offer skilled guides, exciting cultural experiences and delicious Moroccan meals.” Lonely Planet

Cost: EasyJet flights from London Gatwick to Agadir at about £80 return if booked early. Please ask if you'd like to fly from Manchester. PLUS £550 for:

- Accommodation for 7 nights in twin/double rooms (singles may be possible for a £120 supplement),
- Substantial breakfasts,
- Vegetarian evening meals (option of meat or fish for small supplement. Vegan & special diets catered for),
- 2 cultural experiences (chosen from several),
- 2 named excursions / workshops,
- “A Feast for the Senses” celebration,
- At least 2 hours circle dance and singing daily, and
- Transfers to and from Agadir airport.

Optional extra activities include live music and dancing with local band, trekking, wildlife, crafts, cookery, massage and several other choices. **Please ensure you have travel insurance to protect against cancellation.** A small number of **places for those not participating in the dancing available for £425.**

Booking & more information: Please contact Jane Bayley at Holidays With Heart if you'd like to know more about Morocco or to secure your place. **Email** is always the best method of contact: jane@holidays-with-heart.co.uk or call Jane on 01239 615499. Places on our holidays often go quickly (we may have only 8 places left as I write this brochure!) and flight prices are much lower if booked well in advance. Please fill in the booking form at www.cecu.co.uk/bookings **We will confirm when flights may be booked.**

If you'd like to know more about the **circle dancing** contact Vicki on vlshaw@hotmail.co.uk (spelt VLSHAW)

For more information on **singing**, contact Jane on janesilvercorren@gmail.com



Please note that all prices listed are subject to an exchange rate from Moroccan Dirhams to Great British Pounds (Sterling) and, as a result, may vary slightly from the costs listed in this flyer.

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