

Exotic Cultural Holiday in Morocco

with Circle Dance led by Jeanette Whitford

10-17th November 2020

Escape the British weather to enjoy sun, the exceptional menu of local healthy food, an exotic culture and environment at our new garden ecolodge with the same staff as our longstanding, award-winning, comfortable, sustainably-run traditional guest house. Explore with our delightful educated guides and drivers who are very informative about culture, landscape, wildlife and history.

More at www.holidays-with-heart.co.uk

Based in Taroudant, an ancient walled market town little visited by tourists and with shopper-friendly souks to which you may be introduced by one of our staff.

Enjoying the best winter climate in Morocco due to its southerly setting in the fertile Souss Valley, the source of an abundance of fruit and vegetables, it lies between contrasting mountain

landscapes: the majestic High Atlas and the extraordinary Anti-Atlas (bordering the Sahara).

Only an hour's drive from the sandy, rocky and marshy habitats of the Atlantic coast

Support of 9 charming English-speaking Moroccan staff experienced in running successful group holidays. Read our outstanding Trip Advisor Reviews [here](#)

A wide choice of authentic activities option to support charitable projects.

Substantial pre-visit information and support from owner with 25 years' experience of Morocco.

A chance to buy some beautiful handcrafted items and other delights.

Explore the fascinating culture with the help of delightful guides; option to trek or laze in the sun.

Feel safe thanks to the care of the staff, good medical facilities (no compulsory vaccinations), safe water as well as the town being small, relaxed and friendly with few tourists. Good WiFi and mobile network. Short, inexpensive flight; 50 minute road transfer with our own safe drivers. Compared with Europe, better value for money.

"If only there were more places like this: a medina house run by locals offering a rare glimpse into Moroccan life. They offer skilled guides, exciting cultural experiences and delicious Moroccan meals."

Lonely Planet

Our award-winning, sustainably-run traditional was selected by Lonely Planet as one of the Top 10 Eco-stays in the World in 2014. We have also received awards for our charitable work in the local community.



****Cost £500** plus 1250 MAD (about £100) payable in Morocco,** covers 7 nights in twin/double rooms (singles may be possible for a £140 supplement), substantial breakfasts; vegetarian evening meals (option of meat or fish for small supplement. Special diets catered for) 2 cultural experiences (chosen from several), 2 named excursions, workshops, "A Feast for the Senses" celebration, at least 2 hours circle dance daily and airport transfers to/from Agadir on designated flight. **Excludes** cost of flights (about £80 return if booked early), travel insurance, tips, lunches.



The dance We are delighted that Jeanette will be returning to lead another circle dance holiday to teach gently, precisely and with a light touch, paced and adapted to meet the needs of the group giving a rich and joyful experience of gentle morning meditation dances on the roof terrace to old and new dances in the evenings.

To Book or Express an Interest: Limited places available. Book early to get good flight prices, but please do NOT book flights until we give the

go-ahead! Request a place at www.cecuc.co.uk/bookings We will then send you the payment schedule (split into 4 installments. £100 initial deposit) & then we send lots of useful advice - we have 20 years' experience behind us.

Further Information We will send you very detailed pre-visit information. Visit www.Holidays-With-Heart.co.uk If you'd like to know more about the **workshops** contact jeanettewhitford@gmail.com ; to ask more about Morocco please use www.cecuc.co.uk/contact/



**** Note. We have a limited number of places at a reduced rate, sleeping in traditional tents in the garden (details available on enquiry).** We reserve the right to amend the cost of the holiday if

the exchange rate is severely and adversely affected by factors beyond our control such as Brexit. Costs are calculated at least a year in advance and can cater for normal exchange rate fluctuations, but not extreme, sudden changes that may occur in these politically uncertain times. The good news is that the Moroccan Dirham has been much less volatile than the Euro in relation to the GBP!

Holidays with Heart

Voted Top 10 in the World: Lonely Planet Eco Stays 2014; Vege News Vegetarian Holidays 2005 Responsible Tourism Trophy for Community Project Work 2009. Green Key Certified 2012-present

www.holidays-with-heart.co.uk Tel 01239 615499