

Sue Hart & Martin Cradick



La Maison Anglaise  
Holidays with Heart

## Songs and rhythms of the rainforest with Su Hart and Martin Cradick

Talented musicians Su Hart and Martin Cradick first visited the Baka, rainforest Pygmy People in Cameroon, in 1992 as they were inspired by the beauty of polyphonic layering of voice and rhythm. Together they are the core of BAKA BEYOND, the joyful world music band which has toured for 25 years, and the charity Global Music Exchange which returns royalties and donations to help the Baka help themselves.

Su is a skilful and experienced teacher with an inclusive and accessible approach. She sings with Baka Beyond and teaches Baka singing worldwide. She runs community choirs at home in the west of England, writes her own songs, and composes music for voices. She will teach Baka songs and singing related to the forest singing style.

Martin, guitarist and percussionist, visits the Baka each year in the rain forest. He helps the Baka further their music by recording, touring, film making and advocating for them. He will teach the rhythms and culture of the Baka which has been immersed in for 27 years.

Su and Martin have a love of Morocco & have travelled and played music there many times. Their intention is to bring the Baka culture alive, teaching song, rhythm, guitar and listening techniques the togetherness of cooperative communal music, and to have fun!

They are famous for their gentle wake-up early morning “finding and developing voice” sessions and opportunities for 1 to 1 guitar with Martin or 1 to 1 singing sessions with Su.

Find out more...

[Suhart.com](http://Suhart.com)

[Globalmusicexchange.org](http://Globalmusicexchange.org)

[Bakabeyond.net](http://Bakabeyond.net)

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