

Lilly Sell



La Maison Anglaise
Holidays with Heart

Lilly trained to be a dancer from the age of 5 but grew too tall to go into dance professionally. Years later, at the age of 35, she returned to formal dance training when she studied at the Laban Centre in London, embarking on full time study of modern, classical and folk dance, choreography and Laban notation and specialising in the teaching of Creative Dance.

She took these teaching skills to Geneva, where she taught dance to both primary and secondary school children at the International School of the United Nations.



In 1992, Lilly was introduced to Circle Dance in Perth, Australia whilst visiting a friend. She was immediately struck by the special energy and spiritual quality of the dance and music and the sense of community it engendered. Surprised to discover that Circle Dance had its origins in the UK, she went back to

England and started dancing her socks off with different teachers around the country.

Totally inspired to teach, Lilly joined the first Circle Dance teacher training course run by Judy King, and since then has been busy teaching and promoting CD. As well as three thriving groups in Oxfordshire, Lilly teaches internationally and organises and runs residential events both in her historical village of Uffington, and at retreat centres at home and abroad.

In recent years, she has also become known as a gifted choreographer, and her dances to both modern and traditional music have travelled far and wide.

Lilly's dancers describe her as "an inspirational dancer and dance teacher" "an exceptional teacher" with "a gentle patient and fun approach". Most dances are beautifully demonstrated, then clearly taught in easy-to-learn chunks in a relaxed atmosphere where fun and laughter abound!



Holidays with Heart at our award-winning, sustainably-run traditional Moroccan Guest House in Taroudant www.Holidays-With-Heart.co.uk

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